



THE
SERVANTEDGE

AN IMMERSION EXPERIENCE FOR THE SOUL

TRINIDAD AND TOBAGO:
ISLANDS OF CONTRAST,
COMMUNITY
AND CONNECTION



Ready to rediscover your purpose?

Islands of Harmony: **A Cultural Journey To Uncover Meaning**

Rediscover what truly matters
by diving deep into a culture that finds
harmony in its contradictions.

This journey is for those craving guided time
to step away, **rethink, and rejuvenate**,
and to witness firsthand how others create
and sustain community in a divided world.

Are you looking to build bridges of
understanding with other faiths and cultures?

Join us **March 15-22, 2026**,
for a transformational week in Trinidad
and Tobago. This is not a tourist trip;
it is an intimate, highly curated, and very local
experience for a small group that would be
impossible to replicate on your own.

Why This Immersion?

Witness a community where the ringing
of church bells, the chant of puja, and the
call to prayer coexist on a single street.

By immersing yourself in this different way
of living, you will be inspired to think differently,
learn about yourself, and walk away with a
deeper sense of purpose and a life-changing
community of confidantes and sojourners.



Moments that move you, encounters to transform you.

- Celebrate Eid-ul-Fitr as you are welcomed into community celebrations with families opening their doors and sweet pastries passed around.
- Meet with local innovators and changemakers, including leaders from a Muslim-led movement transforming neighborhoods scarred by crime, Christian creatives empowering youth to break the cycle of poverty, and Hindu heroes who use culture to create community.
- Journey into the mangroves with visionary guardians who are reversing decline through devotion and showing how renewal begins with care. You'll take a small wooden boat on a remote river for this adventure at the boundary between development and wilderness, seeing nature's resilience firsthand.
- Experience the local culture as history comes alive in the sights of local attractions, sounds of local instruments, and flavours of local favorites like doubles, pelau, and bake and shark.
- Engage in daily group coaching and reflection, with optional 1:1 coaching with Stephanie.
- Find stillness and expression through yoga and art sessions guided by local voices.



**Welcome to a cultural journey
that will ignite your soul.**



THE PATH TO **DISCOVERY** DAY BY DAY



SUNDAY, MARCH 15

Arrival & Welcome

Arrive in Port of Spain and settle into our peaceful retreat center. Meet your fellow travelers over a home-cooked dinner as we set our intentions for the week ahead.

MONDAY, MARCH 16

Contradictions & Conversations

Begin with yoga and reflection, then journey across temples, mosques, and churches that tell the story of Trinidad and Tobago's living faiths. We end the day in dialogue on harmony amid difference.





TUESDAY, MARCH 17

Meaning at the Margins

At sunrise, drift through the mangroves by boat and meet the guardians restoring life to these wetlands. In a Hindu village, we find renewal and hope where tradition meets change.



WEDNESDAY, MARCH 18

Community Calling

Travel south to Pitch Lake, where abundance and scarcity coexist. Meet the changemakers turning paradox into purpose, and a family using sport and love to heal their community. Reflect on courage, compassion, and calling.



THURSDAY, MARCH 19

Music and Movement

Today we explore creativity as a form of self-discovery. In Port of Spain, discover the steelpan - born from oil drums and now the heartbeat of a nation. Later, explore storytelling and theatre as paths to healing and self-expression.



FRIDAY, MARCH 20

Eid-ul-Fitr Celebrations

Begin with yoga and reflection, then join families across the country for Eid celebrations. Share sweets, stories, and the beauty of belonging in difference.



SATURDAY, MARCH 21

The Art of Discovery

Through yoga, art, and reflection, we bring our week's insights to life. Our final dinner celebrates how far we've come and the purpose we now carry forward.



SUNDAY, MARCH 22

Return Renewed

After breakfast and goodbyes, depart for home or continue your journey in Tobago, carrying with you the clarity and calm this week has stirred.



What's Included:

- All meals
- Airport transfers
- Single or double occupancy accommodation
- Yoga and meditation sessions
- All activities and entrance fees
- Donations to community groups and charities
- Group coaching and reflections
- Pre- and post- immersion bonuses

What's Not Included:

- Airfare to and from Port of Spain (POS)
- Travel insurance (highly recommended)
- Required travel documents
- Alcoholic beverages

Host guides who walk beside you, not ahead of you

The ServantEDGE immersion experience to Trinidad and Tobago is led by an expert team dedicated to a truly authentic and meaningful journey.



Former U.S. Diplomat and CEO and Founder of The ServantEDGE, Stephanie will serve as your guide and host for this game-changing immersion. Leaning on decades of living and working abroad, executive coaching, and leading immersion experiences, she also will be available for 1:1 coaching sessions to help you gain clarity and re-think what matters.



PROFESSIONAL CONSULTING, PERSONAL TOUCH

Advisors Next Door

A multi-disciplinary consulting firm behind some of Trinidad and Tobago's most impactful community-development programs and national policies, this team will serve as our local partners. Founded by a former USAID Foreign Service National, Advisors bring an unparalleled depth of local knowledge, connections, and passion for Trinibago culture.



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Visit our website <https://theservantedge.com>
For more information, pricing, and registration details.

